

MSC TRAINING CENTER WEST rev 08/01/12

FISCAL YEAR 2012 SCHEDULE

COURSE DESCRIPTIONS

USCG APPROVED COURSES:

BASIC SAFETY TRAINING (BST)

USCG approved 5-Day 40 hour course which satisfies the STCW requirements for Basic F/F, PSSR, First Aid, and Personnel Survival. Class starts 0700. Student must successfully complete all five days of the course to receive a certificate. First day is all classroom. Students must have no facial hair that will touch the sealing surface of the SCBA mask. Towel and swimming attire to wear under school provided coveralls for pool exercises on last day. Long sleeve shirt and pants for firefighting exercises. Students should be capable of exertion and working in a high heat environment and wearing an SCBA. Non MSC civmar students must have a note from a doctor indicating they are fit to fight fires or a copy of a recent USCG or MSC physical or equivalent.

BASIC SAFETY TRAINING REFRESHER

3-Day USCG approved 24 hour course which satisfies the STCW requirements for Basic F/F, PSSR, First Aid and Personnel Survival provided person has been previously been issued an STCW 95 certificate. Class starts 0700. Student must successfully complete all three days of the course to receive a certificate. Students must have no facial hair that will touch the sealing surface of the SCBA mask. Towel and swimming attire to wear under school provided coveralls for pool exercises needed on first day. Long sleeve shirt and pants for firefighting exercises. Students should be capable of exertion and working in a high heat environment and wearing an SCBA. Non MSC civmar students must have a note from a doctor indicating they are fit to fight fires or a copy of a recent USCG or MSC physical or equivalent.

ADVANCED FIRE FIGHTING

4 Day 32 hour course starts 0700. Course covers advanced firefighting and command and control topics. Classroom and fire field evolutions. Students must not have any facial hair that will touch the sealing surface of an SCBA to participate. Long sleeve shirt and pants are required for firefighting exercises, and student must be capable of fighting fires with an SCBA. Students may complete this course and Helicopter fire fighting the same day. Prerequisite of Basic Safety Training or Basic Fire Fighting-students will be tested on first day to prove same. Non MSC civmar students must have a note from a doctor indicating they are fit to fight fires or a copy of a recent USCG or MSC physical or equivalent.

RATING FORMING PART OF A NAVIGATION WATCH (RFPNW)- 1 day class all classroom and starts 0700. This class is designed for MSC civmar Ordinary Seaman and only satisfies the classroom requirements for RFPNW, which reduces amount of sea time required from 6 months to 2 months on vessel of 200GRT or 500 GT and allows for USCG certification of "Lookout Duties Only" for one year only. Additional shipboard assessments must be completed to fulfill USCG RFPNW endorsement requirements. Another school in San Diego has the ability to sign off all assessments at their simulator but approved seatime would still needed be required.

QUALIFIED ASSESSOR (formerly TOAR-DE)- 6.5 hour Designated Examiner course to meet 46 CFR 10.107 for Designated Examiners. MSC requires a Masters license to become an assessor. Meets classroom portion of the requirements to be approved as an assessor aboard MSC Towing vessels.

MSC APPROVED COURSES

HELICOPTER FIRE FIGHTING- 1/2 day class starts 0700. Students should wear long sleeve shirts and pants and be physically capable of fighting fires. Class covers techniques and fire fighting for a flight deck fire.

DAMAGE CONTROL- 2 day class starts 1300 on first day after Helicopter F/F class. Students should bring a towel for wet trainer on Friday. Class covers shoring and dewatering. Course is normally only conducted for new hire groups.

CHEMICAL BIOLOGICAL AND RADIOLOGICAL DEFENSE (CBR-D)- one day class starts 0700 and covers basic level CBR.

MARINE ENVIRONMENTAL PROGRAMS- 1 day class starts 0700. Class contains information about pollution issues. Course is normally only conducted for new hire groups.

SMALL ARMS- 3 day class with at least one day at shooting range for pistol, shotgun, and rifle. Class starts 0700 in weapons building 3281 room 2E7 and students are transported to off base location. If you cannot get on the base, attempt to contact instructor (619) 556-7628 prior to 0700 to meet class at off base location. Students with a conviction in domestic violence or who are not legally allowed to use fire arms will not be able to complete class. Various ranges are utilized, and subject to change depending on contract. Ranges do not allow students with open toed shoes on the range.

WATCHSTANDER SECURITY-ADVANCED- 1 day course. Class starts 0700 in weapons building 3281 room 2E7 and may move to an off base location. Class covers use of batons and handcuffing techniques. Students will be required to perform Mechanical Advantage Control Holds and takedowns on other students. Comfortable attire should be worn and students should be in good physical condition.

SERVSAFE PRINCIPLES- 4 hour annual course on National Restaurant Association ServSafe food safety. Class starts 0700. 4 hour course covers annual food handler "ServSafe Principles" classroom training. To complete navy requirements additional on the job specific training is required aboard ship.

MSC ANTI-TERRORISM OFFICERS COURSE (ATO/VSO)- 5 day class starts 0700 in weapons building. Covers force protection and anti-terrorism and vessel security issues for shipboard and shoreside officers to include teaching AT-1. Course is not USCG approved. AT-1 class may be scheduled with advanced notice.

NAVOSH- 1 day safety class. Course is normally only conducted for new hire groups.

MSC RENEWAL TCW- 2 day class starts 0700 which covers renewal requirements for Helicopter Fire Fighting, Damage Control, Marine Environmental Programs, TIP, Marine Mammal Protection. Course is not broken up into segments and student must complete whole course unless special permission is received in advance as times of modules may vary.

Ordnance Hazard Awareness (OHA) -10 hour class starts 0700 may be one or two days. Covers MSC entry level requirements for an ammunition vessel.

USCG APPROVED COURSES NOT REGULARLY SCHEDULED

ABLE SEAMAN UPGRADE- 6 day class starts 0700. Safety shoes required after first day. Long sleeved shirt and pants recommended. Students will be required to rig block and tackles, run winches, splice line, tie knots, drop anchor, secure mooring lines, run crane, etc. To obtain AB endorsement the course completion certificate must be submitted to USCG within one year with proof of seetime. MSC does not currently allow its ships to be used for this course.

PROFICIENCY IN SURVIVAL CRAFT (LIFEBOAT)- 5 day class. First day all classroom and starts 0700. Safety shoes required after first day. Swimming attire for pool after first day. Long sleeved shirt and pants and gloves recommended. Students will be required to lower lifeboats, maneuver lifeboats, row, and a conduct personal survival pool exercises. 6 months of seetime is required to take the course. To obtain endorsement the course completion certificate must be submitted to USCG within one year with proof of seetime. MSC does not currently allow its ships to be used for this course.

MEDICAL CARE PROVIDER- 22 hour course. Required to obtain a new license after February 2002. Prerequisite of Elementary First Aid.

BASIC FIRE FIGHTING

16 hour course held over 3 days and starts 0700 and ends 1200 on day three. Course covers basic firefighting topics. Classroom and fire field evolutions. Students must not have any facial hair that will touch the sealing surface of an SCBA to participate. Fires will be fought on days two and three. Long sleeve shirt and pants for firefighting exercises and be capable and fighting fires with an SCBA. Students should be capable

of exertion and working in a high heat environment and wearing an SCBA. Non MSC-Civmar students must have a note from a doctor indicating they are fit to fight fires or a copy of a recent USCG or MSC physical or equivalent. This class does not have enough students as a standalone and is worked around the BST classes. On the first day there will be a long break and class may start late on first day.

COMBINED FIRE FIGHTING- 5 day course. Same requirements as Basic Fire Fighting. Consists of Basic and Advanced Fire Fighting.

PERSONAL SAFETY AND SOCIAL RESPONSIBILITIES- 4.5 hour or 7 hour course covers safety and pollution topics.

PERSONAL SURVIVAL- 12 hour course includes pool training second day including demonstrating floating for one minute.

ELEMENTARY FIRST AID- 8 hour course covering basic first aid and CPR.

IMMERSION SUIT TRAINING- 2 hour course for gap closure course for navy personnel to obtain Basic Safety Training credit in lieu of taking BST. Can be taken during most BST, BST-R classes or with Lifeboat class.

FAST RESCUE BOAT- 30 hour course covering launching and operation of fast rescue boats.

RADAR OBSERVER RECERTIFICATION- One day radar recertification for renewal of any Radar Observer Endorsement. This is a testing only class for students that have previously held a radar endorsement and are proficient in radar plotting. Students will be required to complete an open book exam before starting the actual tests. Students are expected to bring their own compass/dividers/triangles/pencils etc. needed to complete paper plotting on radar transfer plotting sheets. School has some basic plotting instruments on hand that may be available for use during the course.

ADDITIONAL COURSES

These courses may be provide by training center personnel with advanced notice.

1. *AHA CPR HEALTH CARE PROVIDER/AED INSTRUCTOR*- student must have excellent CPR skills. Class is for medical personnel wishing to provide CPR training and cards for shipboard personnel.
2. *ALL RED CROSS* Medical courses including Emergency Response and Preventing Disease Transmission.

3. *NSC/GREEN CROSS FIRST AID and CPR INSTRUCTOR*- for Damage Control personnel to become USCG approved Elementary First Aid Instructors. NSC OSHA Bloodborne and Airborne Pathogens training can also be provided.
4. *AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)*- for personnel who operate AEDs
5. *SERVSAFE MANAGER*- Training Center is a testing center for National Restaurant Association. ServSafe Manger test can also be given and provides certification from National Restaurant Association and requires completion of a comprehensive on line test. Extensive self study is needed to pass Mangers test. Student should not expect to be able to pass test without self study and reading the whole book. Student will not be allowed to test until they can pass a practice test.

QUOTAS

FOR MSC CIVMARS/PERSONAL quotas are obtained via MSFSC in Virginia.

For NON-CIVMARS AND MSC Contractors quotas are obtained via email address:

MSCTRNGCTRWEST@navy.mil For fastest response email is recommended.

If you send requests to another email address do not expect a response. Volume of phone does not allow for all of them to be answered.

POINTS OF CONTACT

D. Hawley (619) 556-9465

To request a QUOTA/INFORMATION: (619) 556-9910
(619) 556-9507 fax

LOCATION OF CLASSES

All classes are held at Training Support Center aka Surface Warfare Officer School, San Diego on the 32nd Street base at Norman Scott and Vesta Roads. About 1 mile from Pacific Fleet trolley stop. About 200 yards from 929 Main and Vesta Street Bus stop. This part of the base is called the Dry Side.

Most classes are held in bldg. 3294 on second floor next to bowling alley. Specific locations are posted outside room 205. Small Arms and ATO/VSO Classes are held across the street in weapons bldg. 3281 second floor room 2E7.

A base pass or sticker is required to drive a vehicle on the base. Pass and Decal Office is located at Harbor drive and 32nd street next to main 32nd street base gate 6 (close to Pacific Fleet trolley stop) and will issue a pass for length of class on the day of class.

If you are driving a POV (rental cars are exempt) you must email MSC Training Center in advance:

- VIN
- COLOR OF CAR
- YEAR OF CAR
- MAKE OF CAR, MODEL OF CAR
- LICENSE PLATE NUMBER AND STATE

Pass & Decal office is open 0530-1630: * RECENT CHANGE HAS OFFICE OPENING AT 0730

- Take the 28TH STREET/NATIONAL AVE EXIT towards SD - go 0.2 mi
- Turn on S 28TH STREET - go 0.2 mi
- Turn on E HARBOR Dr - go 0.6 mi
- Continue until you see the Pass & Decal building 3436 on your right.

<http://www.cnlic.navy.mil/SanDiego/OperationsAndManagement/ForceProtection/PassandDecal/index.htm>

Gate Hours:

<http://cnlic.navy.mil/SanDiego/InstallationGuide/GateHours/index.htm>

***GATE AND PASS OFFICE TIMES CHANGE WITHOUT NOTICE**

Students should identify themselves as attending a Military Sealift Command course at Training Support Center and use the actual name of the course. If you use the name of another course or company they will not look at the correct list. A DOD government ID is required to walk on the base, if you do not have a DOD ID you need to go to the Pass Office. TWIC is now recognized as an authorized ID but may or may not be accepted depending on the person at the gate. Do not count on TWIC or MMD giving you base access. Student, companies, and training managers should not call and inform us that they do not have your name at the gate, as we already know this- You need to go to the pass office. If you do not go to the pass office the gate will not let you in. If you call from a gate to tell us they will not let you in, we will direct you to go to the pass office.

DIRECTIONS

Training Support Center is located on the "dry side" of 32nd Street base next to bowling alley. Note- base is divided by Harbor Drive into "Wet and Dry sides". Enter gate 32 located off Main Street on Yama Street near I-5 or about 100 yards away gate 29 at Vesta Street or if coming from Pass and ID office: gate 43 at 32nd Street and Norman Scott Rd. Gate hours vary. DO NOT enter via Main Gate 6 to wet side of base. Gate hours and procedures vary and traffic can be heavy at times especially on Mondays.

HOTELS

There are various hotels off Main Street Exit I-5 and within walking distance to school; however, distance to pass office would be 2-3 miles.

Quality Inn two star hotel
3878 Dalbergia Court
San Diego, Ca 92113
(619) 238-2788

Super 8 Motel two star hotel
425 Roosevelt Ave
National City 91950
(619) 474-8811

Howard Johnson 2 star hotel
521 Roosevelt Ave
National City, Ca 91950
(619) 474-6517

National City Motel
510 National City Blvd
National City, Ca 91950
(619) 477-1673

Clarion Hotel 3 star hotel
700 National City Blvd
National City, Ca 91950
(619) 474-2800

Hotels close to Chula Vista E-Street trolley stop (3 stops from Pacific Fleet stop on Blue line):

Days Inn San Diego South Bay 2 star
699 E Street
Chula Vista Ca 91910
(619) 585-1999

Good Nite Inn Chula Vista 2 star
225 Bay Blvd
Chula Vista Ca 91910
(619) 425-8200

Motel 6
745 E Street
Chula Vista Ca 91910
(619) 422-4200

PAYMENT

For non-civmars or active duty students reimbursement for training to the government is \$100 per day per student except Small Arms is \$400 per course. Payment is in the form of cashier check or money order made out to "Deputy Disbursing Officer, MSFSC" and is due by end of class.

Military Sealift Command

West Coast Training Center - San Diego, CA

Course Schedule for FY-2013

ADVANCED FIRE FIGHTING

04-07 SEP 2012 09-12 OCT 2012 13-16 NOV 2012 03-06 DEC 2012 22-25 JAN 2013 19-22 FEB 2013	04-07 MAR 2013 08-11 APR 2013 28-31 MAY 2013 29 JUL-01 AUG 2013 03-06 SEP 2013	
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BASIC SAFETY TRAINING (BST)

24-28 SEP 2012 15-19 OCT 2012 26-31 NOV 2012 14-18 JAN 2013 11-15 FEB 2013 25-29 MAR 2013	29 APR-03 MAY 2013 10- 14 JUN 2013 29 JUL -02 AUG 2013 23-27 SEP 2013	
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BASIC SAFETY TRAINING REFRESHER

10-12 SEP 2012 17-19 SEP 2012 24-26 SEP 2012 01-03 OCT 2012 15-17 OCT 2012 22-24 OCT 2012 29-31 OCT 2012 05-07 NOV 2012 19-21 NOV 2012 26-29 NOV 2012 10-12 DEC 2012 17-19 DEC 2012 07-09 JAN 2013	28-30 JAN 2013 04-06 FEB 2013 25-27 FEB 2013 11-13 MAR 2013 18-20 MAR 2013 01-03 APR 2013 08-10 APR 2013 15-17 APR 2013 22-24 APR 2013 06-08 MAY 2013 13-15 MAY 2013 20-22 MAY 2013 03-05 JUN 2013	17-19 JUN 2013 24-26 JUN 2013 08-10 JUL 2013 15-17 JUL 2013 22-24 JUL 2013 05-07 AUG 2013 12-14 AUG 2013 19-21 AUG 2013 26-28 AUG 2013 09-11 SEP 2013 16-18 SEP 2013 23-25 SEP 2013
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MSC RENEWAL TCW

13-14 SEP 2012	07-08 FEB 2013	11-12 JUL 2013
20-21 SEP 2012	28 FEB-01 MAR 2013	18-19 JUL 2013
27-28 SEP 2012	14-15 MAR 2013	25-26 JUL 2013
04-05 OCT 2012	21-22 MAR 2013	08-09 AUG 2013
18-19 OCT 2012	04-05 APR 2013	15-16 AUG 2013
25-26 OCT 2012	11-12 APR 2013	22-23 AUG 2013
01-02 NOV 2012	18-19 APR 2013	29-30 AUG 2013
08-09 NOV 2012	25-26 APR 2013	12-13 SEP 2013
30-31 NOV 2012	09-10 MAY 2013	19-20 SEP 2013
13-14 DEC 2012	16-17 MAY 2013	26-27 SEP 2013
20-21 DEC 2012	23-24 MAY 2013	
10-11 JAN 2013	06-07 JUN 2013	
24-25 JAN 2013	20-21 JUN 2013	
31 JAN-01 FEB 2013	27-28 JUN 2013	

QUALIFIED ASSESSOR

16 NOV 2012	11 JUN 2013	
12 FEB 2013	15 JUL 2013	
30 APR 2013	04 SEP 2013	

SERVSAFE PRINCIPLES

17 SEP 2012	16 APR 2013	16 SEP 2013
14 NOV 2012	24 JUN 2013	
31 JAN 2013	22 JUL 2013	
28 MAR 2013	16 AUG 2013	

MSC ANTI-TERRORISM OFFICER (ATO/VSO)

15-19 OCT 2012	01-05 APR 2013	
14-18 JAN 2013	15-19 JUL 2013	

HELICOPTER FIRE FIGHTING (HELO)

06 SEP 2012	07 MAR 2013	
11 OCT 2012	11 APR 2013	
15 NOV 2012	30 MAY 2013	
06 DEC 2012	01 AUG 2013	
24 JAN 2013	05 SEP 2013	
21 FEB 2013		

SMALL ARMS (SUBJECT TO CHANGE)

10-11 SEP 2012	08-10 APR 2013	
17-19 SEP 2012	15-17 APR 2013	
01-03 OCT 2012	22-24 APR 2013	
09-11 OCT 2012	29 APR-01 MAY 2013	
22-24 OCT 2012	06-08 MAY 2013	
29-31 OCT 2012	20-22 MAY 2013	
05-07 NOV 2012	28-30 MAY 2013	
19-21 NOV 2012	03-05 JUN 2013	
26-29 NOV 2012	10-12 JUN 2013	
03-05 DEC 2012	17-19 JUN 2013	
10-12 DEC 2012	24-26 JUN 2013	
17-19 DEC 2012	08-10 JUL 2013	
07-09 JAN 2013	22-24 JUL 2013	
22-24 JAN 2013	29-31 JUL 2013	
28-30 JAN 2013	05-07 AUG 2013	
04-06 FEB 2013	12-14 AUG 2013	
11-13 FEB 2013	19-21 AUG 2013	
19-21 FEB 2013	26-28 AUG 2013	
25-27 FEB 2013	09-11 SEP 2013	
04-06 MAR 2013	16-18 SEP 2013	
11-13 MAR 2013	23-25 SEP 2013	
18-20 MAR 2013		
25-27 MAR 2013		

RATING FORMING PART of a NAVIGATION WATCH (RFPNW)

09 OCT 2012	11 FEB 2013	14 JUN 2013
10 DEC 2012	08 MAR 2013	23 AUG 2013
03 JAN 2013	14 MAY 2013	

MEDICAL CARE PROVIDER

05-07 NOV 2012		
25-27 FEB 2013		

OHA

10-11 SEP 2012	11-12 MAR 2013	05-06 AUG 2013
01-02 OCT 2012	25-26 MAR 2013	19-20 AUG 2013
29-30 OCT 2012	22-23 APR 2013	09-10 SEP 2013
19-20 NOV 2012	29-30 APR 2013	
03-04 DEC 2012	13-14 MAY 2013	
17-18 DEC 2012	03-04 JUN 2013	
22-23 JAN 2013	17-18 JUN 2013	
28-29 JAN 2013	01-02 JUL 2013	
12-13 FEB 2013	22-23 JUL 2013	

CBR

14 SEP 2012	04 FEB 2013	10 JUN 2013
24 SEP 2012	22 FEB 2013	01 JUL 2013
12 OCT 2012	04 MAR 2013	08 JUL 2013
02 NOV 2012	25 MAR 2013	02 AUG 2013
09 NOV 2012	01 APR 2013	19 AUG 2013
03 DEC 2012	15 APR 2013	13 SEP 2013
17 DEC 2012	29 APR 2013	23 SEP 2013
04 JAN 2013	20 MAY 2013	
14 JAN 2013	28 MAY 2013	

SECURITY WATCHSTANDING -ADVANCED

13 SEP 2012	07 FEB 2013	31 MAY 2013
20 SEP 2012	14 FEB 2013	06 JUN 2013
04 OCT 2012	22 FEB 2013	13 JUN 2013
12 OCT 2012	28 FEB 2013	20 JUN 2013
25 OCT 2012	07 MAR 2013	27 JUN 2013
01 NOV 2012	14 MAR 2013	11 JUL 2013
08 NOV 2012	21 MAR 2013	25 JUL 2013
16 NOV 2012	28 MAR 2013	01 AUG 2013
30 NOV 2012	05 APR 2013	08 AUG 2013
06 DEC 2012	11 APR 2013	15 AUG 2013
13 DEC 2012	28 APR 2013	22 AUG 2013
20 DEC 2012	25 APR 2013	29 AUG 2013
10 JAN 2013	02 MAY 2013	12 SEP 2013
18 JAN 2013	09 MAY 2013	19 SEP 2013
31 JAN 2013	23 MAY 2012	26 SEP 2013