There has never been a better time to quit smoking.

All FEHB insurance plans will soon offer **100% coverage** to help you quit once and for all.

NEW BENEFITS FOR 2011:

- No more copays, coinsurance, deductibles, or dollar limits.
- Covers all seven Food and Drug Administration–approved tobacco cessation medications and individual, group, and phone counseling.
- Covers at least two quit attempts per year, with a minimum of four counseling sessions for each attempt.

Many people try several times before they quit tobacco for good.

But thousands of people successfully quit every year and you can too!

Talk to your doctor TODAY to make your plan to quit.

Your year to quit. **2011** Easier than ever.

UNITED STATES OFFICE OF PERSONNEL MANAGEMENT

FEHB Federal Employees Health Benefits Program