



## **CIVMAR BENEFITS UPDATE**

## **Workers' Compensation Program, What to do if you get injured/ill – Information for Civilian Mariners**

The Federal Employees' Compensation Act (FECA) established the workers' compensation program for federal government employees. The U.S. Department of Labor administers the FECA program. Within the Department of Labor, the Office of Workers' Compensation Program (OWCP) is responsible for the adjudication of claims. FECA covers all Civilian Mariners of MSC, except employees who are ill/injured while on authorized or unauthorized leave or, due to willful misconduct; intoxication, self-inflicted or intentional injury or death.

If you incur a work-related injury or occupational illness/disease while in a pay and duty status either attached to a ship, assigned by MSC to a school or in the CSU awaiting an assignment, you may file for Workers' Compensation. A traumatic injury is defined as a wound or other condition of the body caused by sudden external force. Work-related injuries must be filed within three (3) years from the date of injury. However, if the claim is not filed within three years, compensation may still be paid if written notice of injury was given within 30 days. The claim must identify the time, place of occurrence, and member of the body affected. Occupational Illness/Disease must have occurred, over time, in the performance of your duties and be causally related to the factors of employment. You should immediately report all injury/occupational notifications to your supervisor and seek medical care from the Medical Service Officer (MSO) onboard ship. If you require further medical treatment, the front of the Form CA-16 (explained below) should be completed by your supervisor within four hours of the request, unless more than a week has passed since the injury; if medical treatment was verbally authorized beforehand, the CA-16 should be completed within 48 hours of initial treatment and forwarded to the medical facility. An employee who sustains a job-related traumatic injury may be entitled to receive Continuation of Pay (COP) for a period not to exceed 45 calendar days, which includes Saturdays, Sundays and holidays. COP is the continuation of an injured employee's regular pay for up to 45 calendar days with no charge to sick or annual leave. Your responsible Injury Compensation Program Administrator (ICPA) authorizes COP and it is paid by the agency payroll office without interruption.

Benefits and/or Compensation is payable to a claimant through the DOL for lost wages, a loss of wage-earning capacity, a permanent physical impairment, medical treatment, medical examinations conducted at the request of OWCP as part of the claims adjudication process, and vocational rehabilitation services, as well as, money paid to beneficiaries for an employee's death, services of an attendant and funeral expenses but, does not include COP. As soon as your physician declares you fit for duty, your medical status will be reviewed by the agency Fleet Medical Officer (FMO) and a determination of fit for full duty at sea will be rendered. You will then be restored back to duty. FECA authorizes medical treatment for any condition which is causally related to factors of Federal employment. A case may remain open even after the employee has returned to full duty, to allow for the payment of medical expenses related to the accepted condition as determined by OWCP.

When filing a claim you need to know the following steps to take:

- 1) Report the incident to your supervisor right away and;
- 2) Obtain first aid or medical treatment and fill out the appropriate claim forms;
- 3) Establish the essential elements of your claim by meeting the "burden of proof" such as: timely filing of the claim; the injury occurred as reported; the injury was in the performance of duty; and your condition or disability is related to the injury or factors of your employment;
- 4) File your claim for compensation with your ICPA listed below;
- 5) Return to work as soon as allowed by your physician and the FMO.

**Contact the CSC at 1-800-793-5784 to reach your Injury Compensation Program Administrator (ICPA)**

**FEDERAL WORKERS' COMPENSATION GUIDE AND WEBSITE (S)**

**Questions Regarding This Bulletin.** Additional information about the subject of this bulletin is available at the MSC web site at <http://www.msc.navy.mil/msfsc/> . If you have any questions about this bulletin, call the Customer Support Center at (800) 793-5784 between 8:00 a.m. and 8:00 p.m. Eastern time, Monday through Friday, excluding holidays. You may also send your email questions to [civmar@marinersupport.com](mailto:civmar@marinersupport.com).